

grocery list

FRUITS

Apples
Bananas
Oranges
Lemons
Berries
Grapes
Melons

VEGETABLES

Lettuce
Spinach
Carrots
Onions
Garlic
Tomatoes
Cucumbers
Squash
Potatoes
Broccoli

MEAT

Beef
Chicken
Turkey
Fish
Seafood
Pork
Sausage
Hot Dogs
Hamburgers
Cold Cuts

DAIRY

Milk
Juice
Cheese
Butter
Eggs
Tortillas
Yogurt
Whipped Cream

PACKAGED

Chips
Cookies
Crackers
Popcorn
Pretzels
Nuts
Candy
Dips/Salsa
Fruit Cups
Energy Bars

BREADS

White
Wheat
Fresh Baked
Bagels
Muffins
English Muffins
Pita
Rolls
Donuts/Pastries

GRAINS

Pasta
Rice
Couscous
Dried Beans
Stuffing
Bread Crumbs

BREAKFAST FOOD

Oatmeal
Pancake Mix
Granola
Cereal Bars
Syrup
Cereals

BAKING GOODS

Baking Mixes
Flours
Sugars

CANNED

Soup
Broth
Tomatoes
Pasta Sauce
Beans
Tuna
Fruits
Vegetables

BEVERAGES

Soda
Beer/Wine
Energy Drinks
Juice
Water

MISCELLANEOUS

Ketchup
Mayonnaise
Salad Dressing
Peanut Butter
Jelly
Coffee
Tea
Oils
Vinegar
Salt
Pepper
Spices

FROZEN

Ice Cream
Waffles
Pizza
Fries
Bread
Meals
Snacks
Juice
Vegetables

HOUSEHOLD GOODS

Cleaning Products
Dish Liquid
Hand Soap
All-purpose
Bathroom
Floor/Carpet
Wood/Furniture
Glass/Window
Sponges
Trash Bags
Air Freshener
Hand Sanitizer
Miscellaneous

LAUNDRY

Detergent
Fabric Softener
Bleach
Starch
Stain Remover

PAPER PRODUCTS

Napkins
Paper Towels
Facial Tissue
Bathroom Tissue
Paper Plates
Paper Cups

MISC. HOUSEHOLD

Lunch Bags
Storage Bags
Storage Containers
Batteries
Coffee Filters

OTHER

